



Saint Anthony's Women's Pavilion 2012 Prenatal Education

Childbirth Preparation Course 5 week sessions; 7 to 9 p.m.

Monday Evenings:

January 9

July 23

Includes C-section/Anesthesia, Infant Care and Breastfeeding instruction.

Childbirth: Fast Track* 1 day; 9 a.m. to 4 p.m.

All-day Saturday Class:

March 3

May 5

June 30

August 4

October 6

December 1

**Participants should register for separate C-section/Anesthesia, Breastfeeding, Infant Care classes.*

C-section/Anesthesia Class 1 class; 7 to 9 p.m.

Monday Evening:

February 6

May 14

August 20

November 26

Complimentary gift when you take a free tour of the Women's Pavilion!

American Heart Association Family & Friends CPR included in Childbirth 5-week & Fast Track classes.

Ask about Play Pals Gym for siblings age 9 months to 3 years! Call 618-465-2264.

Breastfeeding Class 1 class; 7 to 9 p.m.

Monday Evening:

February 13

August 27

December 3

Infant Care Class 1 class; 7 to 9 p.m.

Monday Evening:

January 30

May 7

August 13

All Prenatal Education classes are offered FREE when delivering at Saint Anthony's Women's Pavilion. To register for classes, or for more information, please call 618-465-BABY (618-465-2229).



SAINT ANTHONY'S
HEALTH CENTER